

SPECTRUM

Volume 12, Number 4

Fairfield, Connecticut

September 29, 1994

SHU administration highest paid in state

By Chris Nicholson
Contributing Editor

Sacred Heart University has the highest paid president for Connecticut universities, including Yale and the University of Connecticut, the state's most well-known private and public schools, respectively, according to information in the Sept. 1 and Sept. 14 issue of *The Chronicle of Higher Education*.

According to the report, University President Dr. Anthony J. Cernera made \$193,046 for the 1992-93 academic year. The national average for his position is \$102,000, according to a Sept. 1 report in *The Chronicle*.

The other top six administrators listed for Sacred Heart for 1992-93 as listed in *The Chronicle* were:

• Dr. Thomas Trebon, vice

president for academic affairs and provost, \$117,700;

• Dr. Paul Madonna, vice president for finance and administration, \$115,428;

• Dr. James Lyddy, vice president for institutional advancement, \$106,050;

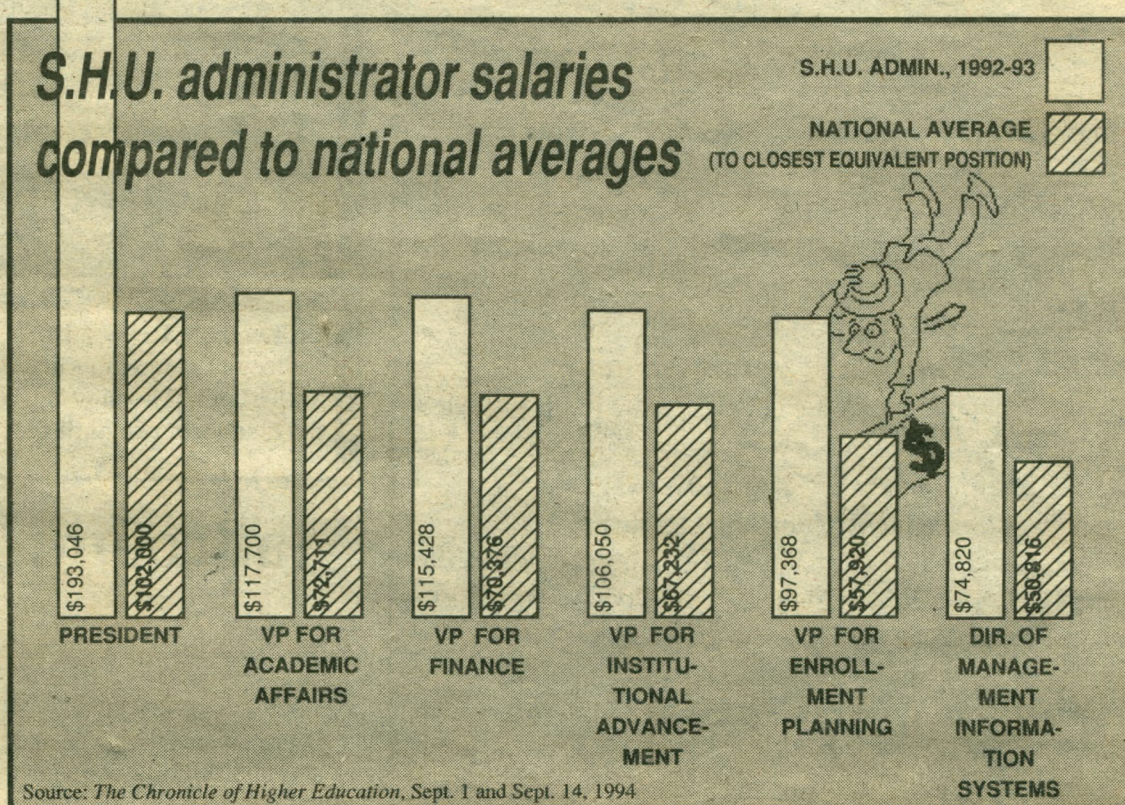
• James Barquinero, vice president for enrollment planning and student affairs, \$97,368;

• Vincent Mangiacapra, director of management information systems, \$74,820.

The president of Yale University earned \$152,848 for 1992-93, according to *The Chronicle*; the University of Connecticut president earned \$163,077 (1994-95 salary).

Other Connecticut presidents' salaries that were listed: Fairfield University, \$123,700; University

See Salaries, page 2

S.H.U. administrator salaries
compared to national averages

Mailroom receives technology updates

By Bob Cargill
Contributing Writer

The future of the campus mailroom is centered on the use of high speed equipment, modern computer technology, and sophisticated software.

Under the new leadership of Mason Cobb the mailroom is beginning its entry into the 21st century. Cobb is a recent Sacred Heart graduate, who majored in

computer science.

"Mason brings a strong hardware background, along with a very positive attitude," stated Vincent Mangiacapra, of the office of management information systems. "Cobb was given the task to automate, enlarge, streamline, and bring about a new image to the facility."

The mailroom serves two basic functions: it handles mail, both internally and externally, for all the staff, faculty, and student body;

and it provides duplicating and small publishing services to everyone on the campus.

With a staff of four full-time personnel, and eleven part-time work study students, the work schedule is arranged so that peak load times are covered with double staff. Cobb noted there is limited service on weekdays from 8 to 10 a.m. to allow the daily mail to be

See Mailroom, page 2

Service learning
brought to SHUBy Flora Goodloe
Staff Writer

Service learning is an idea that grew out of an evaluation of the 30,000 hours program. The volunteer program linked Sacred Heart to the community with students and faculty giving 38,000 hours of service.

The newly established service program is based on the concept that experiences bring more meaning to learning, according to Phyllis Machledt, program coordinator.

"It fits in with the whole concept of learning," Machledt said. "If you can tie what you are learning in with something you are doing, many important things are reinforced."

Machledt's job is to work with professors who are interested in pilot projects. These

projects will match courses with appropriate services that make the classes more meaningful and bring students closer to the community.

Several courses, including social psychology, women's autobiography and oral interpretation of literature, have service learning incorporated in the class work.

"Service learning bridges a gap between academia and the world," said Dr. Nicole Cauvin, professor of sociology. "It exposes students who have been sheltered to what is going on outside their immediate environment."

Ms. Machledt who is involved with several volunteer programs in the Bridgeport area brings years of service experience to her role as service learning coordinator.

Inside...

New technology
breeds new
friendships...page 4

New director of
Women's Studies has
foreign edge...page 6

2-1 Pioneers look
forward to Stony
Brook...page 12



"In Living Colour's" Jamie Foxx looks off into the distance, in readiness for yet another punchline. Foxx's performance was, according to Student Activities a great success and a good time for all. Hopefully, the office will continue to bring great shows to the University.

Photo by Laura Geier

NEWS BRIEFS

Compiled by Ritch Flynn

State offers low interest student loans

The Connecticut Higher Education Supplemental Loan Authority (CHESLA) has announced that low interest student loans are available to state residents. Loans offered through the Connecticut Family Education Loan Program (CT FERP) will have a fixed interest rate of 8.25%. CT FERP loans have no application fee or deadline.

These loans are available to all professional, graduate and undergraduate students who are credit worthy and attending non profit education establishments in the United States. Students receiving these loans will be required to make low interest payments while in school, but will be granted a grace period for repayment upon graduation. There are no penalties for early repayment of these loans.

Student loan checks not in the mail

When they said the check's in the mail, they lied to students.

Stafford loan checks are now available for signing starting next Thursday, October 6.

Jay Guastella, the University's bursar, will be in the Dining Hall that day between 8:30 a.m. and 1:00 p.m. for students to sign their loan checks.

Library announces Columbus Day hours

In honor of the Columbus Day celebration on Monday, Oct. 10, the Ryan Matura library will close at 9:00 p.m.

Regular hours will be held on both Oct. 9 and Oct. 11. Regular Sunday hours are 1:30 p.m. until 9:30 p.m. and regular Monday through Thursday hours are 8:30 a.m. until 11:00 p.m.

Over the holiday weekend, regular Friday hours (8:30 a.m.- 8:30 p.m.) and regular Saturday hours (10-

Class of '74 reunion pending

On Saturday, Oct. 8, 1994, the class of 1974 will be welcomed back to the campus. The event is being labeled "Pioneer Pride Homecoming."

Activities will begin at 10 a.m. with a memorial mass held in dedication of the memories of Emily Mossey, Linda Wall and Robin Bellamy.

Three athletic events will be on the schedule for the reunion class, climaxing with the Pioneer football game against Bentley College, to be played at Campus Field, 2 p.m. kickoff.



Dr. Lucian T. Orlowski from Financial Studies, Government and Law, along with Director of the Gallery of Contemporary Art Sophia Grevas discuss aspects of the current exhibit by Jane Sutherland. The showing, entitled, "A Fine Regard: Landscape Closely Observed," opened last week and will run until Oct. 20.

Photo by Maddy Dunlap

Mailroom: gearing for 21st century

continued from page 1

sorted.

Other mail services include picking up U.S. Postal and administrative mail, delivering mail to the student housing and serving the mail needs of the Lindeman Drive annex.

The new procedures have posted dramatic savings in mailing costs.

"We installed new software that enabled the mailroom to reduce costs by better sorting, plus four zip coding, and bar code labeling machines," stated Cobb. The bulk rate mailing rate dropped from 29 cents per letter to 9 cents per letter. "Our first mailing more than covered the cost of the software used," commented Cobb.

The office of Continuing Education and Graduate Education state that the most dramatic and exciting change is the savings to

the department.

"We send out roughly eight thousand newsletters a semester, twenty four thousand postcards, ten thousand reminders, and twelve thousand informational letters, so we were really excited with the new savings," said Mr. Edward Donato, assistant dean of continuing education.

Under study is a lease for the new state-of-the-art copier. Xerox's "Docutech" will link the mailroom with all the computers on campus, and allow for the electronic mail transfer of data, letters, and other information normally brought in on paper for duplicating.

According to Cobb, instructors will be able to select certain chapters from textbooks, download them from Internet, and bind them into custom prepared books for distribution in their classes.

Duplicating tests for instructors, producing syllabi, printing

the thousands of cards, letters, booklets, and brochures comprise the other function of the department.

One of the first problems Cobb had to tackle was the twenty thousand dollar cost overruns caused by the 29 satellite copiers located around campus.

"By instituting a coded card system, we were able to better control use of the equipment," Cobb said. "We also re-negotiated the lease terms to allow a more favorable use agreement for the university."

Cobb also stated that he was exploring the possibility of getting a color copier, and a high speed laser printer for medium volume requests.

"We are also changing the way we track our accounting procedures. Just be patient while we change gears and accelerate into the next century," said Cobb.

Salaries: Boston U. president makes more

continued from page 1

of Bridgeport, \$95,833; University of New Haven, \$135,550; Connecticut College, \$159,925.

For other university presidents outside Connecticut: Boston

University, \$637,500; Duke University, \$327,600; Harvard University, \$227,544; University of Notre Dame, \$200,000; Hofstra University, \$169,357.

"Salaries" was defined by *The Chronicle* as "all salaries, fees, bonuses, and severance payments

that each person received."

The Chronicle attributed its information to tax forms filed by the universities to the IRS. Federal law requires universities, by penalty of fines, to release all tax information, including salaries, to the public.

CLASSIFIED ADS

TRAVEL HELP WANTED! SPRING BREAK '95

SELL TRIPS, EARN CASH AND GO FREE!!! STUDENT TRAVEL SERVICES IS NOW HIRING CAMPUS REPRESENTATIVES. LOWEST RATES TO JAMAICA, CANCUN, DAYTONA, AND PANAMA CITY BEACH. CALL 1-800-648-4849.

TO PLACE A CLASSIFIED AD: CALL THE SPECTRUM BUSINESS LINE AT 371-7966. RATES ARE \$5 FOR 25 WORDS, \$1 FOR EACH ADDITIONAL TEN WORDS, PER WEEK.

SPECIAL NEEDS: 3 poor parishes have requested men; 2 have requested bi-lingual (Span.) persons; mature women needed to serve with homeless families.



"The mission of the Church is to evangelize."

—Pope Paul VI

DID YOU EVER DREAM OF BEING A *lay* MISSIONARY? IT'S POSSIBLE!

- Catholic Evangelizing Ministries
- Open to couples, singles and religious
- Serve for a year or more among the poor/homeless in NY area
- Ongoing training & ministry support
- Community living

LAMP MINISTRIES

2704 Schurz Avenue
Throgs Neck, Bronx, NY 10465
(718) 409-5062
Tom & Lyn Scheuring, Ph.D.s, Directors
Marybeth & Ed Greene, Assoc. Directors

"The Spirit of the Lord is upon me...to bring GOOD NEWS to the POOR..." (Lk 4:19)

Officer to be recognized

By Michele Herrmann
Features Co-Editor

Those who make an extra effort for a good cause sometimes receive recognition. Or if a situation involves going out of someone's way constantly, merit is often deserved.

Four times a year, a Public Safety officer is recognized for his or her commitment to service, dedication and extra effort given on duty with the "Officer of the Quarter," a commendation award.

The officer is also presented with a merit badge, a gift and a plaque engraved with the person's name. The plaque is placed on

display in the service window near the gym.

The decision is based upon observation of each officer's work.

"There is basically a standard for service and professionalism," said Alison Flaum, director of Public Safety. "Also how much officers go out of their way, whether it is on a consistent basis and those who do their job from the heart receive more recognition."

Flaum noted past winners whose actions showed outstanding examples of service.

On his own free time, Jeffrey Nielsen designed and developed a comprehensive bicycle program for officers to patrol the campus.

Another example included a Public Safety officer who created a bulletin board display near the office about how to protect oneself from crime.

Any students or faculty members can nominate an officer for the award. Currently thirteen nominations have been sent in. Nominations are being accepted until next Tuesday. The final decision is made by Flaum.

Flaum and two assistants will read and discuss each nomination. The final decision, made by Flaum, will not be known until Friday, Oct. 10. A reception will be held in the Faculty Lounge from 11:45 to 12:15 p.m. for the award winner.

Physical therapy masters program to be offered

By Erin Harrison
Staff Writer

Sacred Heart's continuing growth has led the school to become the first in the state of Connecticut to offer a masters degree in physical therapy. Physical therapy is, by definition, the study of human movement.

The new program will be administered by Michael J. Emery, Ed.D. Dr. Emery comes to Sacred Heart from the University of Vermont. Dr. Emery was at U.V. for twelve years and was the coordinator for the physical therapy undergraduate program there.

"There is a tremendous demand for physical therapists right now," Emery said. "And there is a huge flood of applicants not just at Sacred Heart University, but everywhere."

In addition to being a grow-

ing profession, physical therapy is also a very well paying one. A beginning physical therapist can earn a salary of about \$30,000 per year and a full-time physical therapist can earn \$49,000 annually.

The newly introduced program is a "3+3 program." This means that a student must complete three years of undergraduate work followed by three years of graduate work. This results in a bachelor's degree in four years and a masters degree in six.

Admission to the new program will be limited as only forty-five student per year will be able to enroll. The requirements of the program will include: a 3.2 grade point average, completion of the University's core courses, completion of pre-physical therapy science courses, an interview with admissions, letters of recommendation and some perti-

nent experience in the health care field.

Although there are approximately 90,000 physical therapists practicing nationwide, the American Physical Therapy Association has noted that there is still a need for more of them in hospitals, schools and nursing homes. There are presently 136 colleges and universities offering physical therapy programs in the United States.

"I have always wanted to be program director since my days in Vermont as coordinator of the undergraduate program," Emery said. "I decided to come to this university because it's at a point where it's growing impressively and I want to be part of it."

Rush week successful

By Jeanine Farfalla
Contributing Writer

Looking to get involved at SHU? Need to find a way to meet new people? Many of SHU's first year students did exactly that last week when they participated in Rush Week.

"Rush Week was established to show what greek life is about at SHU," said Al Precourt, greek council advisor. "Rush week generates positive enthusiasm for the sororities and fraternities and also for the prospective pledges," he added.

Rush Week started on Sept. 19th and ended on the 23rd, with sororities and fraternities on campus holding informational meetings throughout the week. At the end of the week each organization held bidding processes to decide on the new pledges. Pledging is expected to begin in October.

In the past, the sororities and fraternities on campus found ways to advertise themselves, but they

never held a rush week.

The sororities participating in rush week were Kappa Phi, Nu Epsilon Omega, and Beta Delta Phi. The fraternity Gamma Delta Zeta also participated.

"Greek life at SHU is growing as we speak," said Stacie Schmitt, a Kappa Phi sister. "We are now working on getting all four organizations to cosponsor an event at SHU," she added.

The greek organizations created pamphlets and flyers, decorated bulletin boards, and blew up balloons to advertise their sorority or fraternity.

"Being a freshman commuter at Sacred Heart makes it hard to get to know people," said Tiffany O'Connell. "Participating in rush week was a great way for me to get to know people."

"Rush week showed a lot of promise in greek life at SHU," said Lynette DiChello, president of Kappa Phi sorority. "It did a good job of getting the organizations to work together to form a communal bond."

OFF-CAMPUS NEWS BRIEFS

Compiled from CPS reports

First Few Weeks Critical to Freshmen, Says Researcher

WAVERLY, Iowa—About one-third of incoming freshmen are not at the same college one year later, says a Wartburg College researcher. Cheryl Budlong, associate professor of education at Wartburg, says the most critical transition period for freshmen occurs during the first two to six weeks.

Budlong, who also coordinates the college's First Year Experience Program, says common reasons students give for leaving a college are academic boredom, irrelevance of general education courses, feeling academically unprepared and a lack of certainty about a major.

"First freshmen experiences may be the single largest determinant of whether freshmen feel successful or unsuccessful in college," says Budlong, who has completed research on college retention.

Could a Smoke Help Relieve Depression?

CARBONDALE, IL—Depressed people may smoke, in part, to relieve their depression, says a Southern Illinois University professor.

David G. Gilbert, a professor of psychology and nationally recognized expert on smoking, says some people may find it harder to quit smoking because nicotine affects them like an anti-depressant.

Gilbert, who heads the smoking and psychophysiology laboratory at SIUC, said his studies indicate that nicotine normalizes activity in the right side of the brain where negative moods and depression seem to originate.

Gilbert is testing his hypotheses in a five-year study of 120 female smokers funded by a \$1 million grant from the National Institute for Drug Abuse. After completing the study, Gilbert will compare the data with results from a smaller NIDA-funded investigation of male smokers he conducted a few years ago.

"Some of the literature suggests that females may smoke more to reduce tension and depression, while men seem to do it to improve concentration and alertness," he says.

HOURS

Dining Hall Hours of Operation

Monday through Friday

Breakfast	7:30am - 10:00pm
Lunch	10:30pm - 2:00pm
Dinner	4:30pm - 7:00pm
Pub Grub	7:30pm - 11:00pm

Faculty Lounge Cafe

Monday through Friday

7:30am - 10:30am
3:30pm - 7:00pm

Saturday 7:00am - 7:00pm

Don't forget about the Pioneer Cart!!

(located outside)

Monday through Friday

7:30 - 10:30
2:30 - 4:00

Closed Weekends



Editorial Page

A buck here or there

Well, there it is. In plain black and white (with some stripes). On the front page, even. And it's pretty remarkable.

Sacred Heart University can now officially boast that it has the highest paid private university president in the state of Connecticut. Not only that, but Dr. Cernera earned almost double the national average for university presidents.

Not only is Dr. Cernera pretty well-off, but so are 5 other administrators at Sacred Heart. Each of them are well above the national average for their positions (or at least their equivalent).

Students should be proud to attend a university at which there is enough money to pay the President \$193,000 (and change), and the Director of Management Information Systems \$75,000.

However, we do agree that Mr. Mangiacapra deserves every one of his 75,000 dollars (at least until our second phone line gets fixed).

Just think, though. If we were to take the extra money from those salaries, where would it go? Likely, into Student Services, which will attract more students. If we attract more students, we'll have to build more buildings, which costs money. So, in essence, their salaries are saving the University millions of dollars by keeping student population to a minimum and saving on building costs.

But one must admit that Sacred Heart is one of the two most rapidly growing schools in Connecticut (along with Quinnipiac). And it is these gentlemen that have had a great deal to do with what has come about over the past five years. So maybe when you come right down to it, they're worth every penny. Maybe.

One more from the Dining Hall

A number of people are still confused on the new Dining Hall system. One more time:

- The Dining Hall is all you can eat for breakfast and dinner;
- The Cafe is open during breakfast and dinner;
- The Dining Hall is open to the whole community during lunch;
- The Dining Hall is open for food and drinks until 11 p.m. EVERY NIGHT.

Anyone still confused doesn't deserve to eat in the Dining Hall. That's all.

EDITORIAL POLICY: The editorial page(s) is an open forum; submissions are not judged by the opinions expressed or by any criteria not related to the quality of the writing or timeliness of the topics. The opinions expressed on the editorial page(s), whether in signed columns or letters to the editor, are solely those of the authors. Unsigned editorials appearing in the far left column of the first editorial page represent the majority opinion of the *Spectrum* Editorial Board. Guest editorials and letters to the editor are welcome and encouraged. All submissions are subject to editing for spelling, punctuation, grammar and clarity. Letters to the editor should not exceed 400 words and will be considered on a space-available basis. The *Spectrum* does not assume copyright for any published material; all rights are retained by the author. All submissions are reviewed by the Editorial Board and final decisions are made by the Editor-in-Chief.

The *Spectrum* is a student-run newspaper of Sacred Heart University, published every Thursday during the academic year. The *Spectrum* office is located in the Academic Building. The phone number is (203) 371-7963. All mail to the *Spectrum* should be sent to Sacred Heart University c/o the *Spectrum*, 5151 Park Avenue, Fairfield, CT 06432-1000. The *Spectrum* believes all advertising to be correct but cannot guarantee its accuracy. The advertising deadline is seven (7) days prior to publication. For information call (203) 371-7966. Fax number is (203) 371-7828.



Losing a long-distance friend

By Jason A. Dalrymple
Editor-in-Chief

This summer, I discovered a means of traveling back to the days when I was a teenager. You know, those days in the eighties, when we wished our lives were the classic sitcoms we watched five nights a week.

I had another pastime then. One of my best friends had a Commodore 128 (now a great party joke among computer science majors) with a modem and a program called "Quantum Link."

All eight of us would spend weekends at his house when his parents made their usual trips to Florida or the Bahamas or wherever parents who could afford to buy their kids a Commodore 128 (see, they're laughing again) went for vacation.

Around midnight, the computer screen would be the only light in the house, laughter and the tapping of a keyboard the only sounds. The eight of us, using that Commodore 128 (yes, it really did work as more than a paperweight) and a silly little program were talking with people from various parts of the east coast.

Well, the eight of us haven't seen each other in over five years and the Commodore 128 is making some antique computer collector very happy. (Actually, I think it got tossed down a storm

drain or a manhole late one night when my friend got a Macintosh, but that explanation isn't quite as romantic.)

Now, however, people from around the world can do what eight teenage boys thought was the most amazing thing in the world.

The Internet has brought together people of different cultures, backgrounds, and educations via what has been coined, "The Information Superhighway." The "Net" is loaded with databases of information available from other computers with the touch of a button.

But there are other uses for the Internet besides getting info or role-playing medieval games.

Late in the summer, I discovered various ways of "talking" to other users without having to pretend to be some Arthurian hero after a golden cup. The system I frequented was based loosely on the latest *Star Trek* spin-off, *Deep Space Nine*.

The computer itself is located in the University of Maryland, but attracts users from as close as Baltimore to as far as Brisbane, Australia (which reminds me, I have to write to the friend I spoke with from there).

Enough segways. I'm going to cut to the chase.

I met a woman I knew as Irmy and who knew me as Garret. Her real name was Irma, and she was known as the Biker Mama and the lover of Harley Davidsons.

Irmy was a fun and enlightening person to talk to. She had neat ideas and the spirit of a college freshman, which was pretty good for someone who was fighting

cancer.

Well, her spirit left me, and all her other friends on *DS9* last Friday night, just before midnight. But I didn't find out until Monday.

I suppose most people would not have taken her death so hard, especially only "knowing" her the two weeks I had known her for. Sure, the regular amount of token sympathy would be there, which is fine and cordial, but is hardly what I would classify my reaction as.

Two things made her passing harder for me to think about.

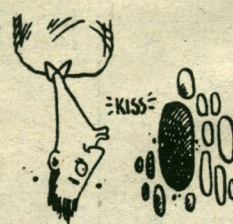
First of all, my own mother died of cancer after a long struggle just over two years ago. So I can sympathize with the son she left behind.

Secondly, the time I spent talking to Irmy was some of the best time I spent on the Internet. Between her wisecracks and my "singing," (I typed the lyrics to whatever song I was listening to) we learned a lot about each other. And I found myself thinking how lucky her son was to have such a great mom, and I was to have such a great friend.

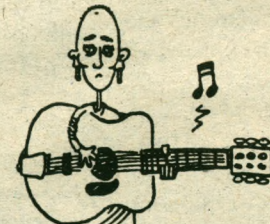
I don't know what else to say about Irmy, except that I will miss her as much as if I had met her in person, or if she lived down the road from me. She was a caring, friendly person who loved to just chat with anyone who came along.

If nothing else, she'll remind me of my teenage spirit, when the Commodore 128 was hot stuff (sure, have a good laugh), the eight of us didn't have a care in the world, and nothing meant more to Irma R. Keenan than her Harley and the clear blue sky.

IRISH ODDITIES.



BLARNEY STONE



SINEAD O'CONNER



GREEN BEER



IRISH

NEWS FROM TULSA

By Chris Nicholson
Contributing Editor

It was early April 1994, a chilly, dark, wet evening, and I was hungry (I usually am).

My friend J.P. was hungry too, so we went to Kentucky Fried Chicken, because it was the only decent fast-food place (is that an oxymoron?) in the area. I ordered a

barbecued chicken sandwich, and it came cold on a luke-warm bun. J.P. also ordered one; his came cold on a cold bun.

Being paying customers, we walked to the counter and told them of our temperature-impaired sandwiches. The manager, who was still working a half hour before closing, thought first, then said, "Well, that's the way the sandwich is supposed to come...it's a cold sandwich." And he turned and walked away.

Kentucky Fried Chicken serves cold barbecued chicken sandwiches? That didn't seem right, so I went to two other KFCs



(I'm getting tired of typing "Kentucky Fried Chicken" time and time again, so please indulge me and let me use the abbreviation. Of course, by now I've done more typing to explain why I didn't type "Kentucky Fried Chicken" than I would have done if I had just typed "Kentucky Fried Chicken" to begin with. Maybe I should have just typed "Kentucky Fried Chicken" in the first place, and just been done with it); I ordered BBQ chicken sandwiches (I'm getting tired of typing the whole word "barbecued" so...oh, skip it) and, sure enough, they were hot.

The manager of the first KFC had lied to me...lied to me so that I would go away and he wouldn't have to take time out of his busy schedule to serve me courteously.

Now for the point to this story (you mean there's a point to this?...gosh): I am tired of bad service.

I am tired of American businesses that assume that customers depend on them for service, when, really, they depend on us for survival. It's no wonder, with that kind of a business attitude, so many American businesses are getting their butts kicked by international competitors.

Pulitzer Prize-winning writer

Dave Barry wrote a book about his trip to Japan (*Dave Barry Does Japan*), in which he marveled at the excellent service. "They were always eager to wait on us," he writes. "I couldn't help but think of the many times I've been in American stores...attempting to give somebody some money in exchange for merchandise—which I always thought was the whole point of stores—but was unable to do so because the store's employees were too busy with other, higher-priority activities, such as talking or staring into space...."

He observes later in the book: "When you walk into a store or hotel or restaurant (in Japan), the employees act as though they actually want your business."

When was the last time you felt that way in an American store?

When was the last time you went to Burger King, took your time placing your order, and you didn't get an attitude for it?

When was the last time you left your car with a mechanic who returned it on time, and who charged you only the amount that he or she originally estimated?

When was the last time you rushed to a drug store for a prescription refill on a Sunday night, to find that they *hadn't* closed five

minutes early?

When was the last time you encountered a newspaper that let you buy an ad past deadline? (Oh...um...skip that one.)

Once at about one o'clock in the morning I was on a date, and we were hungry. We stopped at a diner in Bridgeport and asked for seating in the non-smoking section, and the proprietor replied, "We don't have a non-smoking section this late at night." When we asked about the section with no one sitting in it, he would not seat us there because, "It's clean."

We left and went to another diner. We asked for non-smoking. The proprietor thought for a moment, looked concerned, and said, "I don't have any seating left in non-smoking, but I could seat you alone in the smoking section, and I won't seat any smokers next to you." That is good service.

I did not, by the way, invent that story just to illustrate a point. It really happened. And it proves that there are companies, restaurants, stores, service centers, that want your business and will do anything to make sure they get it and keep it. The trick is finding those businesses, for they do exist only in the cracks of capitalism. Once I find one, I support it religiously.

Letters to the Editor...

MENTAL ILLNESS WEEK COMING UP NEXT WEEK

To the Editor:

October 2-8 is Mental Illness Awareness Week, cosponsored by a coalition of mental health professionals, advocacy organizations, patient and family groups and the US Congress. This time gives us an opportunity to further educate the public on those severe, chronic biological illnesses which affect 2.8% of the adult population, about 5 million people.

The theme of this week,

"TREATMENT WORKS", expresses the good news about mental illness diagnosis and gives hope to those people whose lives often seem hopeless. Unfortunately, however, only 1 out of 5 people with mental illness receives the proper treatment. The difficulty is that it involves not just medication, but also an integration of services greater than that required for other physical illnesses. It is, therefore, our job to educate

and also to act as a catalyst to unite these groups - families, community health professionals, law enforcement personnel, counselors, teachers, religious leaders, and yes, the general public. Studies have proven that treatment can be effective. Too few people realize this and too seldom does the necessary integration happen.

This week we ask you to go to your local libraries or college libraries in the area and learn about

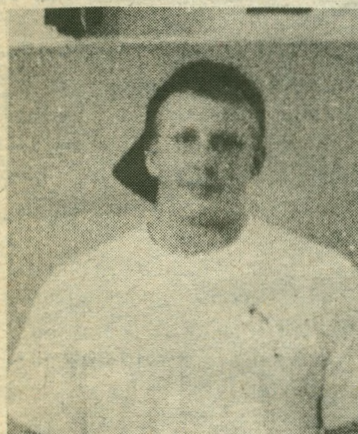
mental illness. Learn so that you will have understanding for the mentally ill and treat them with sympathy and compassion as you do any other ill person. And, if you are a member of any of the groups mentioned above, be supportive of the needs of the mentally ill.

Romaine Hetz, Pres.
Greater Norwalk Alliance for the Mentally Ill

THE CAMPUS VOICE

By Lynne Kulakowski

What do you think the role of Student Government should be?



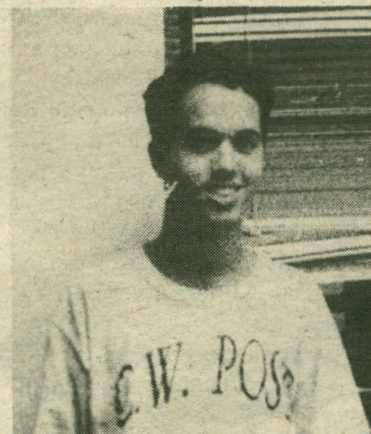
Joe Collett
Sophomore
Media Studies

"I don't think they can do anything because Student Government is a joke."



Patricia Dillon
Senior
English

"It should be a link connecting the students and the administration. It should keep the interest of the entire student body in mind. It should be organized but unfortunately at SHU this is not the issue."



Matt Sauer
First-year Student
Physical Therapy

"Elected students should go off and get different views and opinions of other students on what they want and feel they should have."



Tara M. Fisher
Junior
Political Science

"I think Student Government is important in schools but almost invisible in ours."

Editor-In-Chief & Publisher Jason A. Dalrymple
Associate Editor Jonathan McCarthy
News Editor Rich Flynn
Off-Campus News Editor Available
Features Editors Michele Herrmann Denise Mathews
A & E Editor Melissa Bruno
Sports Editor Keith Zingler
Photography Editor Maddy Dunlap
Copy Editor Diane Sharpe
Contributing Editor Chris Nicholson
Business Manager Available
Off-Campus Ad Manager Katie Nicholson
On-Campus Ad Manager Nicole Barcome
Accountant Chrissy Laricca
Marketing Coordinator Available
Comics Page Coordinator Jessica Hope Bowman
Librarian Fran Federico
Circulation Coordinator Diane Sharpe
Proof Readers Available
Typists Available
Columnists Chris Nicholson
Staff Writers Matt Bronson Kevin Carroll Karen Dolyak Flora Goodloe Erin Harrison Theresa Hickey Kerri Anne Mahoney Mark Manchester Ray Tandog
Dark Room Technician Lynne Kulakowski
Photographers Corinne Waldheim
Ad Representatives Available
Ad Designers Available
Comics Writers Chris Beleznay Available
CCO Representative Kerri Anne Mahoney
Faculty Advisor Dr. Ralph Corrigan

FEATURES

Women's Studies on track with Claire Marrone

By Theresa Hickey
Staff Writer

The new director of the Women's Studies program, Dr. Claire Marrone greeted me with an enthusiasm to inform the student body, as well as faculty, about what the Women's Studies program is and what her hopes for its accomplishments are.

Marrone not only was willing to offer information of her own but was happy to answer any personal confusions I had about the program or other aspects of her life here at Sacred Heart University. Focusing on who Dr. Marrone is as a teacher, director and person we sat down and discussed her characteristics as a member of the Sacred Heart community.

So who is Dr. Marrone? She has been a professor at S.H.U. for three years and comments that she especially likes the opportunities open to all those who take advantage of them. She received her doctorate degree from the University of Pennsylvania in French and Italian literature specializing in women's autobiography.

Dr. Marrone has a strong cultural background. She not only studied abroad but also taught in Paris, France and Florence, Italy, as well as having close ties with Lyon, a province in France.

As well as being the director of the Women's Studies Program, she teaches French and Italian courses in addition to those courses

dealing directly with the program. Specifically, this semester she is teaching the comparative literature course dealing with women's autobiography.

in what is known as the service learning component. Her students are required to interview a woman in the community who has not enforced her voice. The students

ity not only exhibits Dr. Marrone's ingenuity but also her belief in using multi-media presentation in her classroom.

Her students are expected to

hope does not exclude the males that participate in the Women's Studies Program. Ranging from one to three in her previous two classes in the program, the male



Dr. Claire Marrone

Students in Dr. Marrone's classes not only benefit from her expertise in the women's autobiography area but also participate

will then share, through the use of video, what they learned and allow their interviewers to tell their stories to an audience. This activ-

participate actively and she even hopes they "will engage themselves" and connect the issues to their personal experiences. This

students hold an important role in the exbright pansion of the femi-

See Marrone, page 11

Academic Support Services provide more than just support

By Denise Mathews
Features Co-Editor

As the University continues to expand, students can easily get lost in all the excitement. While a friendly face can do a lot of good, the Academic Support Services can act as a remedy for almost everything.

"Together, we serve as a referral for all students who come to us with a problem, question or just to talk," says Frances Collazo, assistant director for academic advisement.

Dean of Freshman, Michael Bozzone, who came to the school

in 1978 as a teacher in the Basic Studies Program, takes charge of the general supervision of academic advisement.

As overseer of the Freshman Seminar Program and as a freshman seminar instructor, Dean Bozzone is responsible for the academic well-being of all freshmen.

"We become an emergency-type advisor for the students," explains Bozzone. "We emphasize the importance of a relationship between the student and their faculty advisor, but we are always here for any student."

Alvin Clinkscales, director of multicultural affairs, who joined

the University in 1972 as the Financial Aid Director, is concerned with seeing that all students are an extended family.

"I make sure the needs, wants and customs of all students are honored," says Clinkscales.

Clinkscales' responsibility also includes overseeing minority groups to ensure a minority voice is on campus. He also serves as the academic link to athletes.

"Alvin is the liaison person for all the different groups," explains Jena Schaefer, executive secretary to the program.

Frances Collazo, assistant director for academic advisement, started as a part-time teacher for

Continuing Education about nine years. Collazo serves as a main link between students and their major advisors. Collazo also handles transfer orientation.

"As a whole, we follow up on early and mid-term academic warnings," says Collazo, explaining that the follow up is to ensure success for all students.

This culturally diverse office is the birth place for many new and hot issues.

The majors fair, class tutors and grant work are all part of the work of the Academic Support Services.

The General Electric Scholar Program provides funds for mi-

nority students.

"GE provides more of an incentive towards graduation for minority students," says Clinkscales.

"When this University was smaller, we had to work from the ground up," explains Bozzone. "So we three learned a lot and are able to bring that experience into a setting that is now more sophisticated."

If you're feeling lost or think you've become just a number on campus, visit the Academic Support Services across from the registrars for help. "Our office is always busy and filled with wonderful people", says Schaefer.

Worries about mid-terms? Underpressure at school, work or home? See next week's issue!!!!

Jr. Mentor Program still a success

Second year shows more improvement and support

By Cat Bonet
Contributing Writer

Almost everyone is familiar with the concept of Freshman Seminar. It is a detailed introduction to college, life on campus, diversity and other plentiful resources.

The Junior Mentor Program, however, is a recent addition to Sacred Heart University. In its second successful year, incoming students are provided with fellow upperclass members who volunteer their support, experience and a listening ear.

Already, significant changes have been made. The number of juniors selected this year has increased dramatically from thirty to sixty students. Therefore, now there are two juniors for each class, doubling the support. Last year's group of juniors were briefly explained information about the program and their expectations.

This year's selected mentors were trained extensively and presented with a detailed syllabus of the important communication techniques and peer leadership tactics needed to work with first-year students.

Third-year student, Valerie Vancza, who was appointed to be a junior mentor this year commented, "I think the Junior Mentor Program is a great program because we are not just acting as a

guide or resource, but we can truly emphasize with them because we've been there".

The selecting process for this particular program is very simple. Several juniors were selected at random by recommendation as well as suggestions from previous professors and faculty members. Sixty candidates were awarded positions.

Each Freshman Seminar class consists of about fifteen to twenty first-year students. The assigned mentors are expected to attend their assigned class, develop a relationship with the students, assist them with spring registration procedures and lead and advise them in group discussions which will enable the mentors to direct the class on their own.

One may conclude that this program may seem to alleviate a lot of the pressures that a first year student may endure throughout the first semester. Dr. Carol Batt, a professor of psychology and also of Freshman Seminar, gave her perspective on this issue.

"I think it is good for the first year students to have access to another student who is familiar with Sacred Heart University and the college scene, but who isn't responsible for any kind of formal education."

Although the mentors do not receive much pay in return for their work, they are rewarded with fifty dollars worth of credit from

the bookstore which they may redeem during the spring semester.

Yet, for the junior mentor who maintains an academic and social life, and in some cases employment, an hour and fifteen minutes once a week devoted to welcoming and helping in the adjustment of first-year students may very well prove rewarding.

Dean Michael Bozzone feels that this program will undoubtedly, "build confidence in the juniors allowing them to be proud of their accomplishments."

He also added that it will enable them to "exercise their leadership and guidance potentials."

From knowing that the transition from high school to college is a grand expectation, the junior mentors hope that the students will call upon them for any difficulties they may establish throughout the first semester.

Many first year students like Mellisa Ragozzino feel that the junior mentors provide a comforting effect in the classroom. "They are more for security; it is reassuring to know there is a student who is there for me," she said.

Junior mentor Carrie Hernandez contributed her views and opinions which support Mellisa's claim.

"The students seem to enjoy someone their own age rather than a professor who isn't considered a peer," she said.

Marrone: dedicated to Women's Studies

Continued from page 10

nist movement. She also comments, "Some issues are discussed solely between women because it is more comfortable, but men are more than welcome to join in both the classes and events the Women's Studies Program procures."

As the new director of the Women's Studies program, Dr. Claire Marrone, along with the assistance of another person, has compiled a new brochure for the program. The brochure effectively explains the program, its goal, its requirements both as a major and a minor and lists its

faculty. Marrone is also in the process of making a course entitled "Introduction to Women's Studies," available to students.

Dr. Marrone's specific goal as director of this program is "to give more visibility to Women's Studies Program here at Sacred Heart, to build the academic program and offer events for both students and faculty in which they can exchange ideas about women's issues."

Already Dr. Marrone has achieved a majority of her goal with the addition of the new course and a list of events which start today.

This event is the Woman's

Studies Reception for Faculty and Students at 9:30 a.m. in the Community Room in the Campus Center. The positive, energetic attitude which Dr. Claire Marrone presented forecasts a successful attitude.

CLUB HAPPENINGS

Compiled by Michele Herrmann

Aerobics back in Hawley Lounge

Aerobics is back again in Hawley Lounge this semester for all students. A good way to get into shape or help calm stress. Sessions are 5:00 to 6:15 p.m. on Sundays, Mondays, Wednesdays and Thursdays.

New drama club holds meeting

The S.H.U. Players, formerly known as the Thespian Society, is holding a meeting tomorrow at 2:00 p.m. in S218. All students welcome. Plans will be made for the school year.

Biology Club holds meeting

The Biology Club will have a meeting today at 9:30 a.m. in N213. Officers will be elected and ideas for fund raisers will be discussed. All students welcome.

CM'ON offers healing through Shiatsu

Campus Ministry Opportunity Night will have Valorie Lordi, a registered healing therapist come to practice the healing art of Shiatsu which rejuvenates and uplifts the human spirit, mind and body tonight at 8 in the West Hall Great Room. Wear loose clothing and bring a pillow.

Women's Studies sponsors lecture

Author and professor Anne Fausto-Sterling will lecture Monday, Oct. 3, at 7:00 p.m. in the Schine Auditorium. The title of the lecture is "Making A Difference: Constructing Male and Female Brains."

P.E.A.C.E. straight from the heart

In response to questions about the Sept. 10 sleepout, anyone interested in making a contribution which will be sent to the Alpha Home can send them to the Campus Ministry office.

If this sounds like you, don't ignore it.

Seeking help on
National Depression
Screening Day™ could
change your life.

- ☐ Feelings of sadness or irritability
- ☐ Loss of interest or pleasure in activities once enjoyed
- ☐ Changes in weight or appetite
- ☐ Changes in sleeping pattern
- ☐ Feeling guilty, hopeless or worthless
- ☐ Inability to concentrate, remember things or make decisions
- ☐ Fatigue or loss of energy
- ☐ Restlessness or decreased activity
- ☐ Complaints of physical aches and pains for which no medical explanation can be found
- ☐ Thoughts of death or suicide

If you have several of the symptoms on this list for two weeks or more, you could have clinical depression. It's a medical illness that can be effectively treated in four out of five people who seek help.

On Thursday, October 6, 1994, depression screenings by mental health professionals will be available free of charge in communities across the country.

For Depression Screening locations in your area, call us at 1-800-262-4444 (after September 1).

Attention ALL Students

Undergrad, Graduate,
Part-Time, & Commuters

Please Note. . .

All are welcome to take part in
FLIK Dining Programs.

We are here to serve the ENTIRE
SHU Community!!

Please feel free to stop in w/ any questions!



Rhyming' not stealing all the way to the top

By Jonathan McCarthy
Associate Editor

I first saw Shootyz Groove last March when they opened for the Mighty Bosstones in Norwalk. My first impression was that here is a positive band that can totally jam. Their first full length EP *Jamin In Vicious Environments* (J.I.V.E.) proves that all true.

With a hardcore sound backed by a funky bass line and hip hop rhyme, Shootyz Groove expresses a positive message while remembering the past. "The activity of J.I.V.E. is the reality of living... it is our view that anywhere and everywhere in which hate and malice and ignorance persist, so exists a vicious environment," says lyricist Sense.

Straight out of the Bronx, New York, comes messages about respect, drugs and the way of live in the "hood". The first track entitled *Respect* explains exactly what it is

MUSIC

all about. "You gotta have respect just to earn respect." Translated, if you don't have respect for everyone and everything from the beginning you won't have at all. Specifically you can't earn it with a gun.

The album never backs up from there. Songs such as *The Craze*, *Crooked Is The Path* and *Come W/Cha Best* all explain the band's mindset.

J.I.V.E. is a remarkable debut for a band which otherwise has earned little press thus far. Shootyz Groove can also be seen and heard in the recent motion picture *Mi Vida Loco* and is embarking on a small scale city tour.

On Friday, Oct. 14, Shootyz Groove will be at Tuxedo Junction in Danbury with 311 and Full House. They will also be appearing at Tune Inn in New Haven as part of the fall Ska series. Listen up for details.



Shootyz Groove: Donny, Season, Sense, Dose and Spec, straight from the Bronx

No excuse to be bored in October

By Melissa Bruno
A & E Editor

October is going to be a great month for activities at Sacred Heart. As the semester continues, more interesting and appealing events will be taking place on campus.

For October, there are plenty of fun nights scheduled to break up the monotony of schoolwork. On Oct. 4, Chubby's will hold an old favorite of mine, Karaoke

EVENTS

Night, from 9 p.m. - 1 a.m. Come sing or just watch your fellow S.H.U. students belt it out. A guaranteed good time for active participants and the audience. The following night Chubby's will be active again, with Reggae Culture from 9 p.m. - 12 a.m. A great music week for Chubby's!

On the 12th and 13th of October, Chubby's will again have back-to-back events. A favorite

and fun night from last year, Sumo Wrestling will return on the 12th, from 9 p.m. - 12 a.m. The 13th will bring Lynn Trefager, a comedian, to the S.H.U. campus. That show starts at 9 p.m..

The weekend of Oct. 14 - 16 is scheduled as a Movie Weekend in the Schine Auditorium. "I Love Trouble" will be shown Friday night at 7 and 9, followed by a Dance Party in the Dining Hall. The Saturday and Sunday showings will be at 2 p.m. and 7 p.m. Also on Sunday, the Senior Class

Flea Market will be held in the North Lot from 9 a.m. - 2 p.m. Come support the Class of 95!!

October 17 is going to be another Bingo Night in Hawley Lounge, starting at 9 p.m. Come play for prizes.

The second Class of 95 Pub Night will be held on Oct. 19 in Chubby's. The last one was plenty of fun and this one promises to be even better. Hey ladies, this is the Boxer Fashion Show night, so come see your favorite male Pioneers strut their stuff in their skivvies! Men, don't worry. The awards are for the boxers, not the bobs! And for all you who are 21 and over, yes, beer is served on Pub Night. So check your Pioneer Wagon schedule if you plan on

coming out for a night of drinking and fun.

To end the month, Sacred Heart will be bringing back a longtime Halloween tradition, The Warrens. Scheduled to appear on the 26th at 9 p.m. in the Theatre, this ghostbusting couple always draws a huge crowd. Keep your night open for this event, as the Theatre always gets packed for this show.

The activities for October seem to promise a good time for all those who take advantage of them. Remember, your money goes to sponsor most of these events, so get out there and enjoy them. As always, new events may be scheduled during the month, so keep your eyes and ears open.

Bluegrass music series to return

Special to the Spectrum

Coming Oct. 15 to the Sacred Heart University theater will be the return of the Bluegrass Music Series.

Featured in the first in an installment of three performances will be bluegrass greats Lou Reid, Terry Baucom and Carolina for a show at 8:30 p.m. Also joining them will be performers Jody Stetcher and Kate Brislin.

In addition to the bluegrass performance, a showing of "one

of the best bluegrass films ever made," according to the *Boston Globe*, *High Lonesome* will be included in the ticket price for the Oct. 15 show.

The movie is a celebration of music, and the first comprehensive film about bluegrass. *High Lonesome* explores the content of the music and its evolution from folk roots to modern forms.

"*High Lonesome* has been a wonderful plus for bluegrass," says Doug Tuchman, talent coordinator for the series. "The rave reviews have introduced the music to many people, in addition to

providing 95 minutes of pure joy to existing fans."

Later this season, expect the Johnson Mountain Boys as well as Jim and Jesse and the Virginia Boys along with The Case Brothers in the two other scheduled performances of the year.

Tickets for the show will be \$10 for students of Sacred Heart, and \$15 to non-students. However, S.H.U. students may attend the film free of charge with a Sacred Heart identification.

Tickets will be available through the night of the show at the theater ticket office.

Tutors Needed

To tutor at Bridgeport & Stratford high schools in
Alg I & II, Geom, Trig, Calculus, Chemistry
Biology, Physics, English, Spanish

\$20 per hour

Contact Anita Pacheco
Upward Bound
N216
365-7658

Call or stop by for an
appointment or an
application

**** Must provide own transportation ****

LIFE'S A JOURNEY. ARE YOU PACKED?

NO annual FEE,

nationwide ACCEPTANCE

and LOW rates.

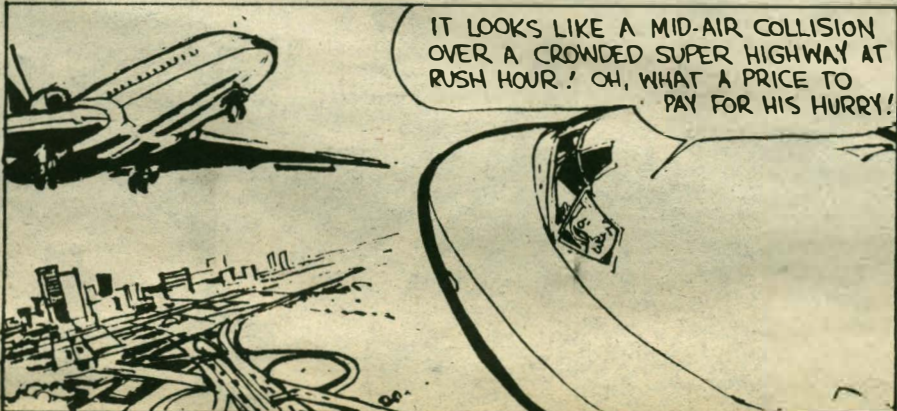
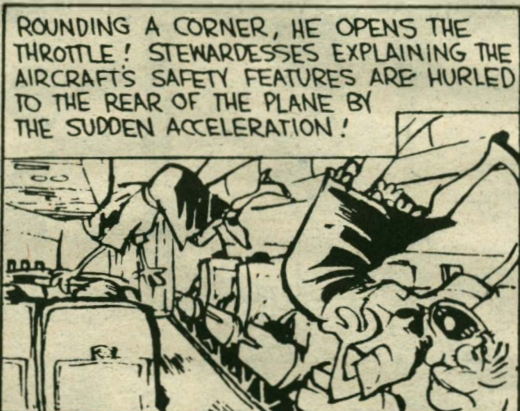
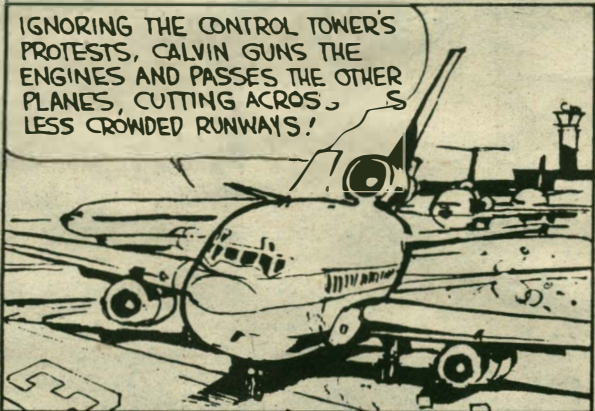
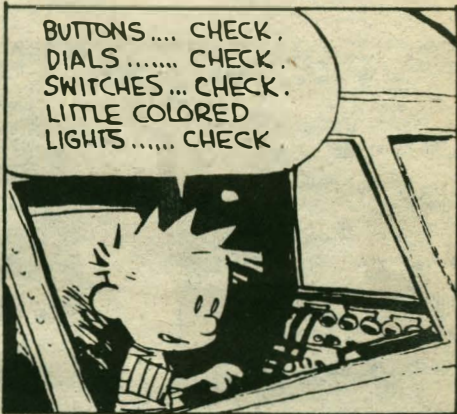
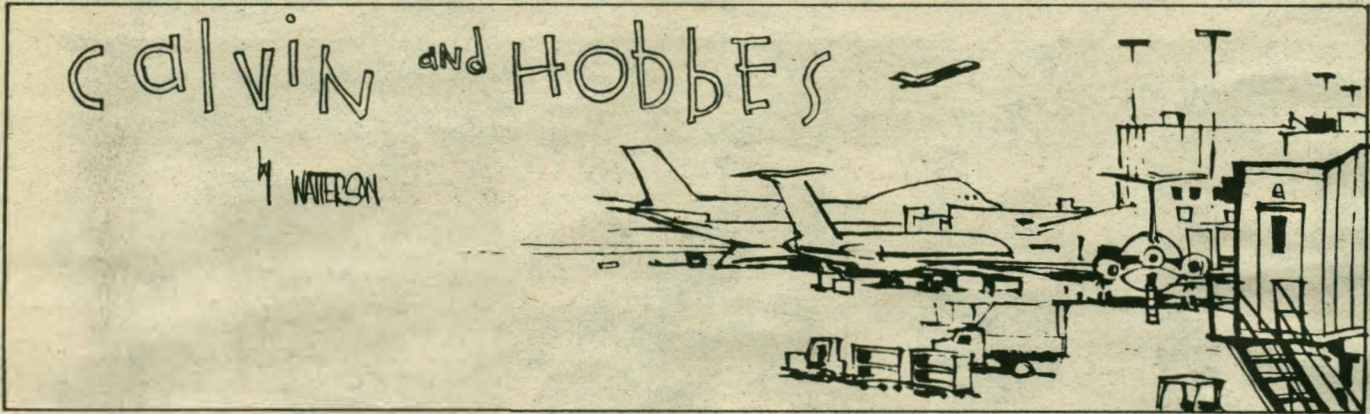
Because this is a ONCE in a lifetime trip.



IF YOU DON'T GOT IT,
GET IT.SM

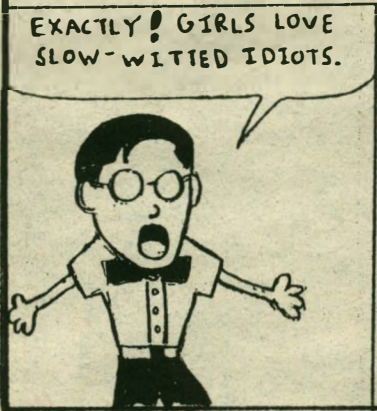
Comics Page

Spectrum



The Creep
By Chris Beleznay

THIS COMIC STRIP IS ABOUT THE ADVENTURES OF A SCHIZOPHENIC NERD AND HIS IMAGINARY OTHER-SELF. NO DOLPHINS WERE HURT OR KILLED DURING THE DRAWING OF THIS STRIP. ENJOY! 😊



THE Crossword

- ACROSS
- 1 Tepid
 - 5 Hits hard
 - 10 Smelting residue
 - 14 Bewildered
 - 15 Ghostly
 - 16 Senate employee
 - 17 Heavenly object
 - 18 Pertaining to birth
 - 19 Newspaper piece
 - 20 Line of cliffs
 - 22 Organic compounds
 - 24 They play at Shear
 - 25 Suffer pain
 - 26 Wander aimlessly
 - 29 Examined again
 - 33 "Half — is better ..."
 - 34 Walked in water
 - 35 River: Sp.
 - 36 Intelligence
 - 37 Ranted
 - 38 Venetian resort
 - 39 Night before
 - 40 Wise ones
 - 41 Potato e.g.
 - 42 Kinsman
 - 44 Rattan workers'
 - 45 Oven
 - 46 Chagall
 - 47 In a spin
 - 50 Big cats
 - 54 Paper quantity
 - 55 Muse of poetry
 - 57 Cleveland's lake
 - 58 Clothing
 - 59 Ind. money
 - 60 Gr. peak
 - 61 Butterine
 - 62 Time periods
 - 63 —do—well

1	2	3	4	5	6	7	8	9	10	11	12	13
14					15				16			
17					18				19			
20				21				22	23			
		24					25					
26	27	28					29			30	31	32
33					34					35		
36					37					38		
39			40						41			
42			43						44			
		45						46				
47	48	49					50			51	52	53
54					55	56				57		
58					59					60		
61					62					63		

W	E	E	N	S	H	A	V	E	A	R	S	O	E	T	O
N	E	S	S	O	E	E	E	E	E	E	E	E	E	E	E
E	I	E	E	E	E	E	E	E	E	E	E	E	E	E	E
S	E	H	E	N	T	A	V	E	A	R	S	O	E	T	O
S	H	E	N	T	A	V	E	A	R	S	O	E	T	O	
R	E	B	E	R	S	E	G	S	A	V	E	E			
O	O	I	T	E	A	V	E	A	R	S	O	E	T	O	
R	I	O													
O	E	D	E	D											
E	D	E	E												
M	E	T	S	A	C	H	E								
P	A	L	L	A	D	E									
S	E	R	S												
I	T	E	M												
P	A	G	E												
S	L	A	G												

- DOWN
- 1 Stinger
 - 2 Movie dog
 - 3 Actual
 - 4 Xylophone relatives
 - 5 Lawmaking body
 - 6 Is ahead
 - 7 Comic Johnson
 - 8 Miss Farrow
 - 9 Chose
 - 10 Treats maliciously
 - 11 Tardy
 - 12 Ripening agent
 - 13 Valuable stones
 - 21 Ego
 - 23 Farm building
 - 25 Mosquito genus
 - 26 More crude
 - 27 Animated
 - 28 Traveler's stopover
 - 29 Poe's bird
 - 30 Indian group
 - 31 Duck
 - 32 Wall openings
 - 34 Horse-drawn vehicle
 - 37 Banter
 - 38 Noon meal
 - 40 Recipe direction
 - 41 Sour
 - 43 With hands on hips
 - 44 Water craft
 - 46 Alma —
 - 47 Jason's ship
 - 48 Whip mark
 - 49 Rabbit
 - 50 Father
 - 51 Gaelic
 - 52 Get up
 - 53 Scorch
 - 56 Regret

Non-Sequitur
By Wiley



Sports Schedule

	Thurs.	Fri.	Sat.	Sun.	Mon.	Tues.	Wed.
Football			At Stony Brook 1pm				
Men's Soccer			at UMass-Lowell 1pm				Southern 3:30pm
Women's Soccer	at St. Anselm 3:30 pm			Southampton 12 pm			Bridgeport 3:30 pm
Women's Volleyball	At Assumtn 7 pm		Mountclair 2pm		Albertus Magnus 7 pm		
Field Hockey	Hofstra 4 pm		at Bridgewater 1 pm	UMass-Lowell 2 pm		at CW Post 3:30 pm	

Tennis teams get global experience from coach

By Jamie Romeo
Staff Writer

With four NE-10 conference single tennis titles to his credit, you would think Sacred Heart University's new Athletic Communications Director would be on the professional tennis tour. Mike Guastelle would prefer a career in the NBA.

"I never had any aspirations of playing professional tennis," Guastelle said. "I wish I was 6 foot 6 inches so I could play professional basketball."

Mike is your typical sports nut (evident by the background sound of 660 AM during the time I was talking with him). Mike, who is twenty-five years of age, graduated from Springfield College where he received an undergraduate degree in sports management and a masters in athletic administration.

But college athletics where Mike feels he belongs. "I really want to work with college athletes, especially at the Division II level," Guastelle said. "I want to be around

athletes who want to be student's first and then tennis players."

Tennis players. Yes, Mike serves as the Sacred Heart University Men's and Women's tennis coach, when he is not catering to the needs of the media. Mike will be the first to tell you that he was only looking to be the university's tennis coach when he went for his interview. "I was just looking to be the university's tennis coach," Guastelle said. "I did not know the position for an Athletics Communication Director was open."

Athletic Director Don Cook had other plans. "Mike has a good global experience with intercollegiate athletics," Cook said, "and his education and writing skills will help him to be successful."

With twenty-six sports at Sacred Heart University it was time for Sports Information to split from the Public Relations Department. In previous years, all information regarding the university's sports programs had been handled through Public Re-

lations.

"With the split we get an individual who can give undivided attention to our sports programs," Cook said. "Mike also brings to the table the opportunity to coach a team."

Mike sets his eye on a career goal of becoming an athletic director at a Division II school such as Sacred Heart. "I would like to ultimately like to get into athletic directing at a school such as this," Guastelle said. "I like the attitude here."

Softball: coming together

Continued from page 12

unity. This year the team has really come together as one, and we are all looking forward to the spring season."

According to coach Luckie, the fall season allows the coaching staff to review the talent for

the upcoming spring season.

"This is one of the best fall seasons we've had in my career. We only lost on senior last year, and with the added experience of my veteran players and the infusion of new talent, this spring we should really make some noise in Division 2 softball," said Luckie.

Saying of the week

"Courage is defined as: Men who are afraid both decide to go anyway.."
Unknown

Is this the year?

By Fernando Fernandes
Staff Writer

Sacred Heart's men's soccer first games have left traces of a promising season. Last Tuesday the team whipped Assumption College in an impressive 4-0 win.

Despite the loss of three "All American" players, Marco Sanches, Alan Zuniga, and Theo Burnet, the team remains one of the most competitive of all New England.

"We are a young team with a lot of potential," said captain Ira Turner. "With attitude and determination we could go far this season."

For the last four years the men's soccer team missed the attempt at the national championships. Two years ago they came the closest, losing 1-0 in overtime to Southern Connecticut Univer-

sity, the team which went on to become national champs.

"This is our year," says senior Martin Pineda. "Luck can not turn its back to us again. We are all committed to give our coach, Joe McGuigan, the soccer title he, more than anyone deserves."

The men's soccer team, with most of the games on the road, holds a record of 4-2-1, losing to Southampton and Quinnipac in the last seconds of overtime.

"We suffer from an old malady," says coach McGuigan, "We can't finish." The team has scored 14 goals in seven games for an average of 2 goals per game. "We have to create 15 goal opportunities per game."

Both players and coaches hope to overcome the goal scoring problem and log victories. This could be the Pioneer's year. The upcoming home game is Saturday, Oct. 1, at 1 pm.

Volleyball looks for elusive win

By Jen Cassell
Staff Writer

The Lady Pioneers have had a continuous struggle fighting for a win. The Pioneers were defeated on their home court on Tuesday, Sept. 20, against Bryant College. The ladies gave a spirited effort and prolonged the game into four matches that ended in a losing cause.

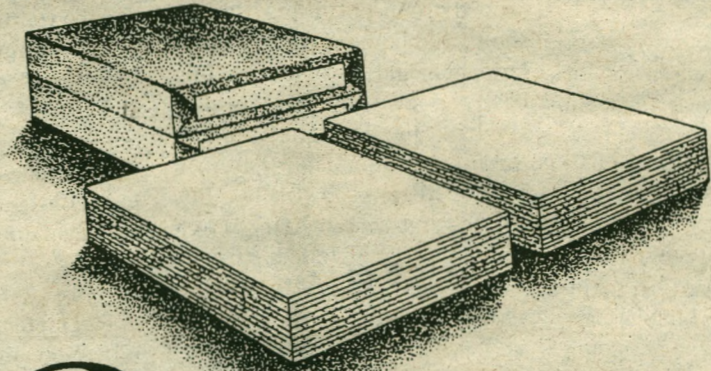
On Thursday, Sept. 22, SHU traveled to Springfield, MA to compete against American International College. The Lady spikers won the first and third match. It came down to the final

match and the ladies choked. It was a painful loss and although the ladies played hard, it just wasn't enough.

Saturday, Sept. 24, there was yet another defeat for SHU. The ladies traveled to play Stonehill College. The game went to four matches. Once, again the Lady Pioneers were fired up and won the first round. However, the energy decreased and the communication faded away.

This week the Lady Spiker's are preparing themselves to take on Assumption, tonight in MA. Saturday and Monday the Ladies are at home hosting Mountclair State and Albertus Magnus.

CLEAN CRISP COPIES



2 CENTS EACH

DURING OCTOBER

NO LIMIT - SELF SERVICE - 8 1/2 x 11 WHITE BOND

"CONVENIENT NORTH END LOCATION"
(NEXT TO PIZZA HUT)



MAIL BOXES ETC.

4173 Main Street • Bridgeport, CT 06606
Tel 203 374-0832 • Fax 203 374-1825
9-6 M-F; 9-2 Sat; Closed Sun.

Gridders zeroing in on Stony Brook

By Keith Zingler
Sports Editor

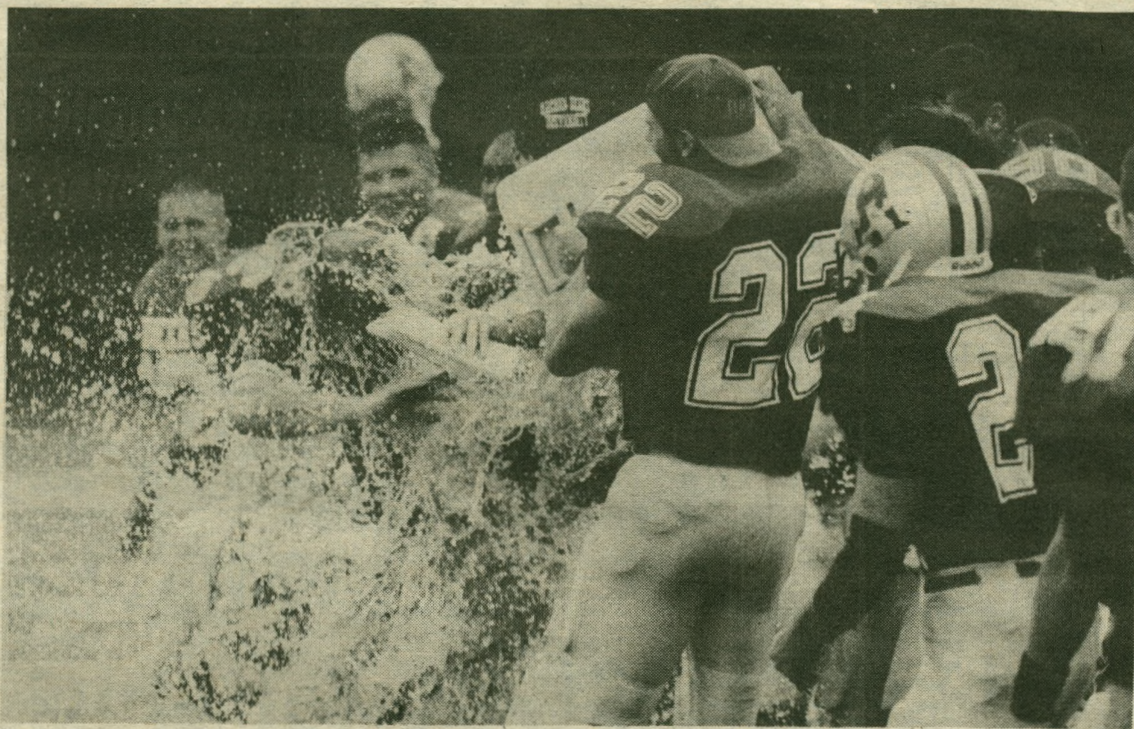
Respect is something that every athletic team hopes to leave the field with. Respect from the opposing team, press and fans. Last week's 23-0 win over UMass-Lowell assured the Pioneer's Men's football team of this recognition.

The team has now won two games in a row (the first time in three years that the team as put together back to back victories) against Division I AA foes. They are 2-1 overall and they are taking the show on the road this weekend crossing Long Island Sound to play SUNY, Stony Brook at 1 p.m.

"This year's start can be contributed to better conditioning," said senior linebacker Bill Johnston.

The Pioneer's conditioning has certainly played a part in the recent success of this year's team. Going into Saturday's game, no starters have been pulled due to injuries. This is amazing considering the hitting that both the offense and defense love to do.

The defense continues to answer the call. When they take the field this Saturday they will be the second ranked defense in all of Division II. Last Saturday they didn't give up a point to a strong



Coach Gary Reho disappears in a shower of water as Scott Warman (22) helps the celebration along after the football team's 23-0 win over UMass-Lowell Saturday. Warman also helped fuel the Pioneer victory by rushing for a four-yard touchdown in the second quarter. Photo by Chris Nicholson

running UMass-Lowell team.

Leading the way was Johnston who electrified the defense with 14 tackles, 12 unassisted. He is considered small for his position standing at only 5 foot 9 inches, but has proven that his heart and athletic ability more than make up for his lack of size.

Strong safety Mark McPherson had just as impressive a game as Johnston, coming up

with 14 tackles of his own, to lead the secondary. Fellow defensive back Jim Hollis came up with another seven tackles of his own, helping the defense keep UMass-Lowell out of the end zone. The Pioneers are going to need a strong secondary next week against Stony Brook, a team whose main offensive weapon is the pass.

"We have a very strong secondary," said Johnston. "There is

no reason why we can't shut down Stony Brook's passing game."

Last week the whole defense let-up just 12 yards passing, allowing only one out of eleven passes to be caught. Look for Stony Brook to pass more than eleven times, though.

The defensive line has been playing well of late and will be looking to put pressure on Stony Brook's quarterback. Four play-

ers have already demonstrated the ability to come up with the sack. Russ Greenburg, Marco Soto, Scott Kohler and freshman John Armstrong should be able to get 5 sacks between them.

The offense continues to impress. Freshman quarterback Chris Kelly proved that he could throw the ball at the college level last week. He was 10 for 14 for 169 yards. He managed to connect with Ron Stopkoski 4 times for 52 yards.

Stopkoski continued to be the workhorse on the offense. He carried the ball 18 times for 69 yards to go along with his 52 yards receiving.

While Kelly and Stopkoski continue to stand out, the offensive line remains impressive. Saturday, they marched down the field twice to score two touchdowns. The first drive was for 85 yards on eleven plays which ended on a four yard, Scott Warman, touchdown run. The second was a very impressive 18 plays for 96 yards which ended in a one yard, Stopkoski, touchdown run.

"The offense fits the personal," said senior guard Mark Zuccarella. "We don't have the size to blow people off the ball, but Coach Cavanaugh has taught us the importance of angle blocking. This offense is about eleven people playing and making things happen together."

Softball preparing to win

By Megan Keefe
Contributing Writer

"Try is a three letter word for failure." These are the words of women's softball coach Elizabeth "Bippy" Luckie when asked how she thought this year's softball team could improve upon last year's record.

"We aren't going to try to be good this year," added Luckie. "If we play the way I know we are capable of playing, we are going to be good."

The Lady Pioneers opened up their fall season Saturday, Sept. 17 with a three game tournament at the University of Massachusetts in Amherst. The Pioneers were not victorious in their first game against Division I power UMass. They eventually lost, 4-2, with a meager 4 hits in six innings. However, the defense made many spectacular diving catches and completed 2 double plays which sparked the players for the rest of the day.

In the second contest against

UMass-Lowell, the Pioneers banged out 10 hits en route to a 10-5 victory. Again, the defense proved strong, but hitting stole the show. Sophomore catcher Heidi Dripchek and freshman second baseman Chrissy Perkins each singled. Junior shortstop Sarah Solinsky and junior third baseman Megan Keefe each had two hits apiece, and senior Julie Barrett had three hits, including a triple.

"As long as we hit the ball, we should be able to beat anybody," said senior first baseman Julie Barrett. "But even if we play flawless defense, we need to hit the ball to score, and a lot of times last year we just didn't come up with the big hits."

In the last game of the day against another Division I power, the University of Connecticut, the Pioneers were not victorious, but the defense played well and the offense put together a string of hits late in the game. However, the Pioneers could not capitalize on offense, and eventually bowed to the Lady Huskies by a score of 3-1. The highlight of the game

was a diving catch and an eventual double-play made by junior second baseman Tracey McKillop to end the fourth inning.

Sophomore hurler Vicky White pitched well against UMass and UConn, allowing only eight hits in both games. Rookie Jen Baker made her collegiate pitching debut against UMass-Lowell. In seven innings, the freshman gave up seven hits, but showed a lot poise and maturity.

"Our pitchers are going to get hit. We knew that last year, and that's why we put so much emphasis on defense. But last year's pitchers, sophomores Vicky White and Kristi Foster, have a year under their belts, and with the addition of Baker, we should have an excellent pitching staff," said junior Megan Keefe.

"So far this year the attitude on our team has improved 100% over last year's team," said junior Sarah Solinsky. "Last year we had the talent, but we lacked team

See Softball page 11

Rugby continues winning ways

By Mark Manchester
Staff Writer

New season, same old results. What this spells out in plain English is another win for men's Rugby. Their prey, Iona College fought courageously before ultimately succumbing 16-13.

It was a tough game all the way as both teams traded points. Late in the match's second half, the men in black were up 11-7 as a result of a Pete Malanga tri, a J.C. Bender drop kick and a penalty kick by newcomer Paul Engo.

Their lead would quickly be erased as Iona bounced back with a tri to take the lead 13-11. It was gut check time for the X-men and they didn't let down the many fans who attended as Pete Malanga scored the games winning tri on a run that made

many spectators asking "Was that the Road Runner?", to put the X-men up for good 16-13.

This game was a good game for the ruggers because they had to answer some question of their own. One question was answered was their eight-man spot. Starter Michael Matkovic was out with an injury but never fear Jon Krowicki is here! Krowicki, a second year player filled and did an admirable job for Mac, who should be back next week.

Other pack players who deserve pats on the back are Tim Baker, Chris Masi, Bruce White and Wendell Valera. As the pack goes so does the backs. Along with those who figured in the scoring, George Flagg, Greg Dunn and Eric Bacik also deserve kudos.

Next week the ruggers will strap on the boots to do battle with Seton Hall, whom they dismembered last fall 31-0.